# Developmental Neurologic Fixed Knee Flexion

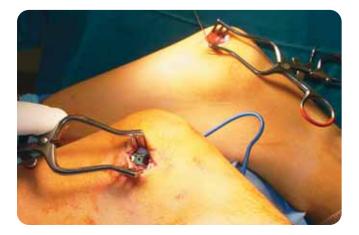
Case study provided by Peter M. Stevens, M.D., University of Utah

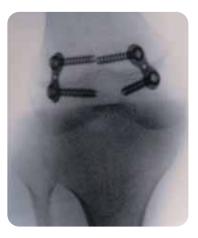


Conditions including:

- Cerebral Palsy
- Spina Bifida
- Arthrogryposis
- Genetic syndromes

2 Anterior Plates: Intra-Synovial but Non-Articular = Each Side of Sulcus







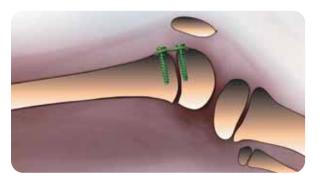








Congenital Arthrogryposis 25° to 0° In 6 Months



Immediate ROM and Weight Bearing Bracing as Indicated

No Interruption of Therapy

#### Hemi-Epiphysiodesis and Guided Growth References

- Hemi-Epiphysiodesis for Deformity Management P. Stevens, Abstract, IPOS, Orlando, FL, USA, 12/03/2005
- Hypophosphatemic Rickets: The Role of Hemi-epiphysiodesis E. Novais, MD and P. Stevens, MD, J. Pediatr. Orthop., Vol. 26, No. 2, March/April 2006
- Hemiepiphysiodesis for Posttraumatic Tibial Valgus P. Stevens, Felicity Pease, J. Pediatr. Orthop., Vol. 26, No. 3, May/June 2006
- Guided Growth for Angular Correction Peter Stevens, Abstract, POSNA, San Diego, CA, USA, May 3-6, 2006
- Hemi-epiphysiodesis: 2006. Rationale, Technique. Applications. P. Stevens, Abstract, IPOS No. 3, Orlando, Florida, November 2006
- Guided Growth for Angular Correction: A Preliminary Series
  Using a Tension Band Plate
   Dediate Orthogon Viola 27 (2) April/May 2007
- P. Stevens, J. Pediatr. Orthop., Vold. 27 (3), April/May 2007
  Eight Plate for Temporary Hemiepiphysiodesis to Correct Angular Deformities
- J.E. Herzenberg, R. Burhardt, D. Paley, S. Standard

Abstract (104), J. Child Orthop, Vol. 1 Suppl. 1, March 2007

### Indications

The eight-Plate is indicated for any angular deformity in a growing child/adolescent who would otherwise require an osteotomy.

### Contraindications

The eight-Plate should not be used for adult deformities or where the growth plate has closed because of trauma, infection or skeletal maturity.

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